

# Biarritz / Saint-Jean-de-Luz

## La Vélodyssée, the Atlantic Cycling Route



**Départ**  
Biarritz

**Durée**  
56 min

**Niveau**  
I begin / Family

**Arrivée**  
Saint-Jean-de-Luz

**Distance**  
14,24 Km

**Thématique**  
Seaside, Panoramas

From Biarritz, you ride along some of the most beautiful beaches on the Atlantic coast and cross Basque villages nestled around their pelota court. During this sporty stage, the arrival at the bay of St-Jean-de-Luz with the Rhune as sentinel is a great moment of your Vélodyssée!

### Itinerary

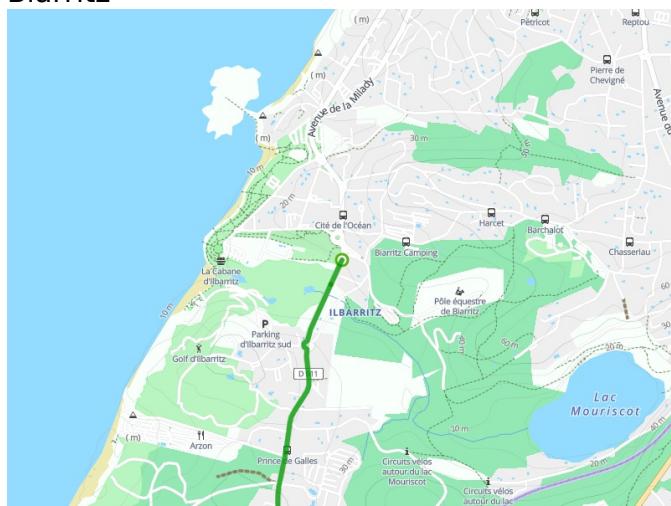
Be careful when crossing Biarritz (some busy streets are unsafe), Saint-Jean-de-Luz (Boulevard Thiers), and Guéthary (cycle lanes on a short section of busy road, however, the speed limit is 50 km/h). Be careful with children.

The atmosphere is calm between Biarritz and Bidart, then from Guéthary to Sainte-Barbe, where the route also winds through residential neighborhoods with beautiful architecture and superb viewpoints.

- Voie cyclable
- Liaisons
- Sur route
- Alternatives
- Parcours VTT
- Parcours provisoire



**Départ**  
Biarritz



**Arrivée**  
Saint-Jean-de-Luz

