

# Biscarrosse-plage / Parentis-en-Born

## La Vélo dyssée, the Atlantic Cycling Route

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From Gironde to the Landes nothing really changes, apart from the section of military land which forces La Vélo dyssée away from the seafront to make a long detour inland, where the blues of the vast ponds replace that of the sea. You may try out the hydroplanes, common to this part of Biscarrosse!

### Itinerary

Designated lanes except when crossing Biscarrosse. Uneven surface between Biscarrosse-Plage and the Cazaux Pond and Sanguinet.

**Départ**  
Biscarrosse-plage

**Arrivée**  
Parentis-en-Born

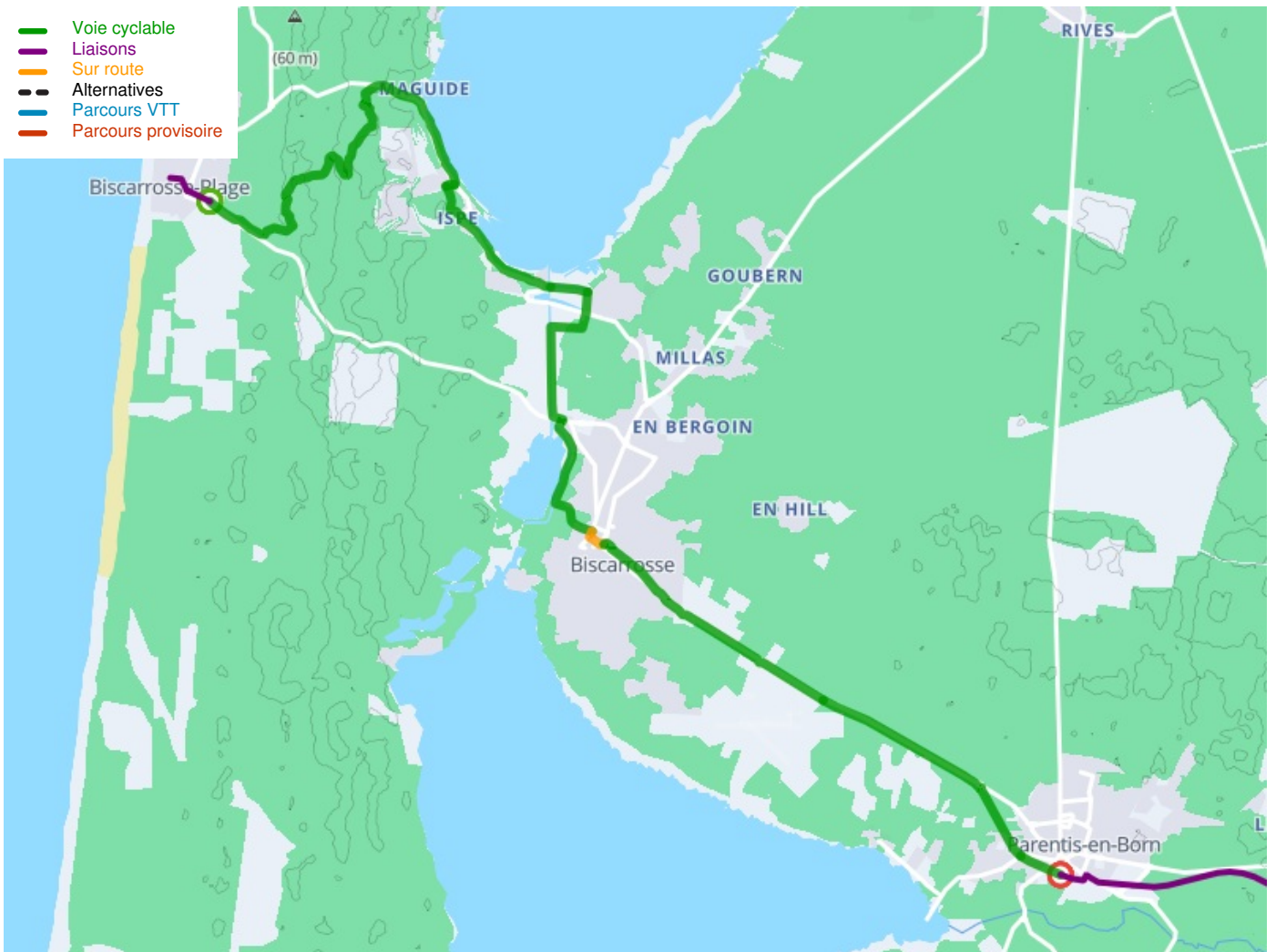
**Durée**  
1 h 42 min

**Distance**  
25,56 Km

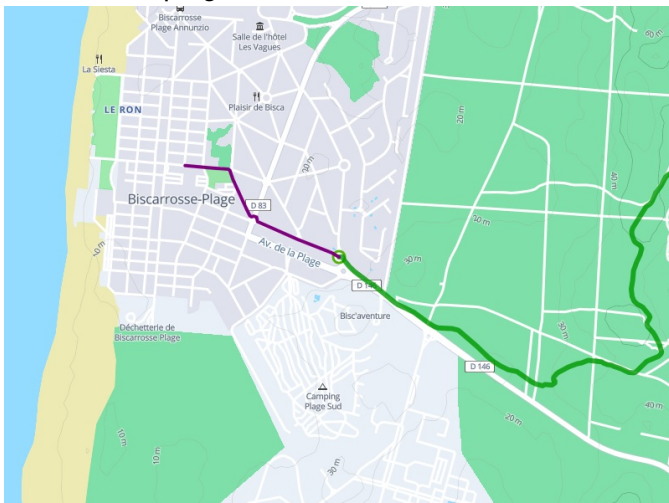
**Niveau**  
I cycle often

**Thématique**  
In forest, Seaside, Nature  
& small heritage

- Voie cyclable
- Liaisons
- Sur route
- Alternatives
- Parcours VTT
- Parcours provisoire



**Départ**  
Biscarrosse-Plage



**Arrivée**  
Parentis-en-Born

