

Carhaix-Plouguer / Rostrenen

La Vélo dyssée, the Atlantic Cycling Route



La Vélo dyssée goes up past the Kergaden Lock on the Nantes to Brest Canal. The large wooded cutting at Glomel conjures up images of the bad old days of history when the Canal was dug out by prisoners.

Itinerary

Greenway from Carhaix to the Canal. Then a fast section on the towpath. Take care towards the D 83 crossing at the Goariva Bridge and the D 790 at Pont Auffret.

Connections

Glomel is accessible via a pleasant coastal route. Take care when accessing Rostrenen: the small hilly roads are open to general traffic.

Départ
Carhaix-Plouguer

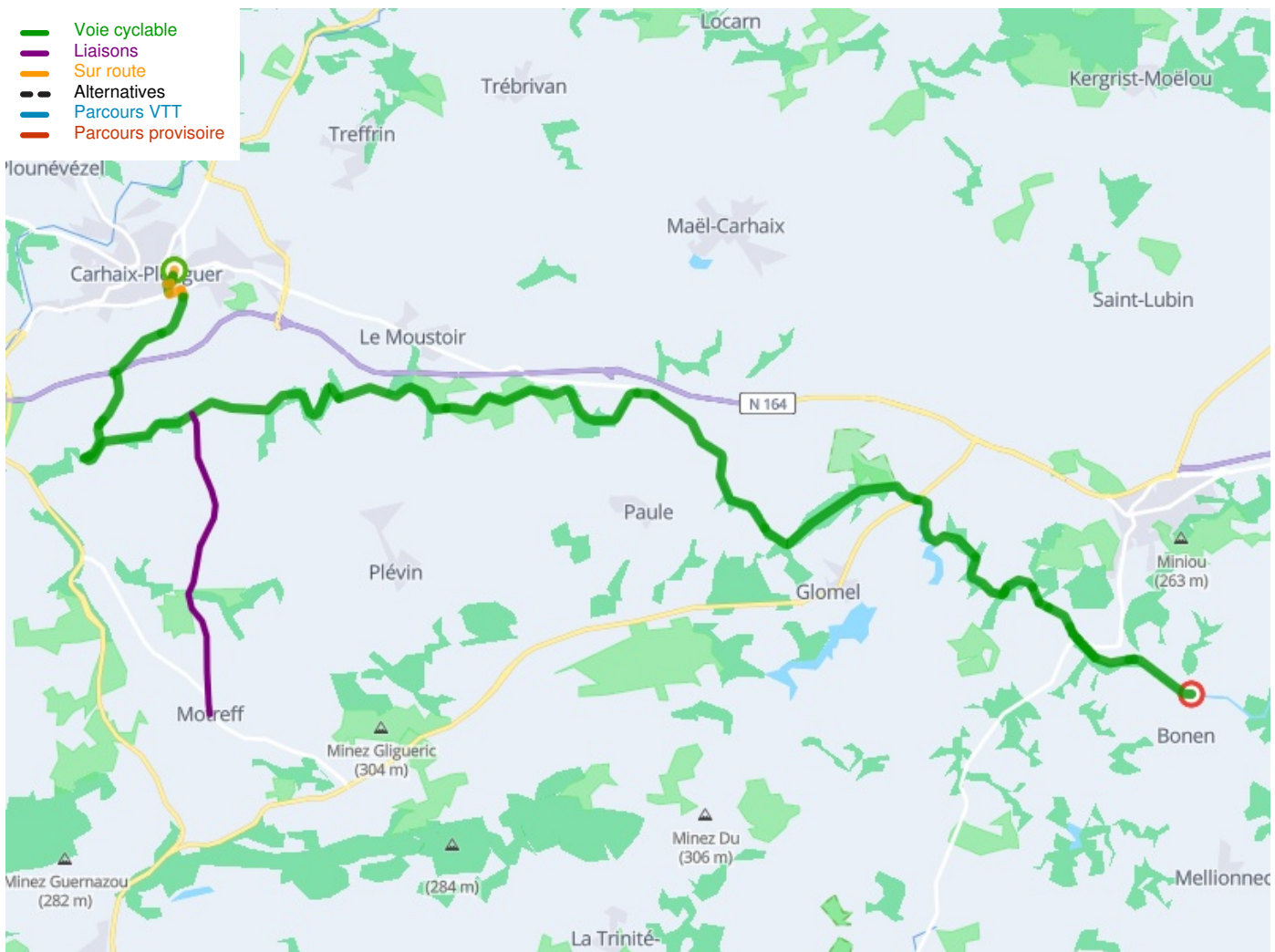
Arrivée
Rostrenen

Durée
2 h 11 min

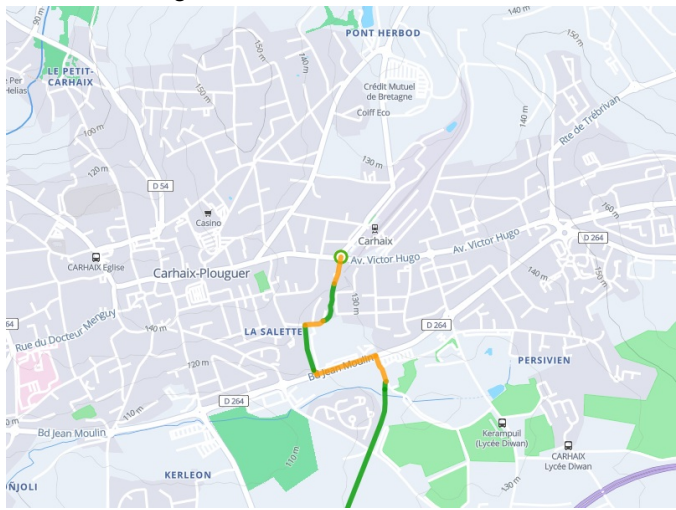
Distance
32,85 Km

Niveau
I begin / Family

Thématique
By the water, Nature & small heritage



Départ
Carhaix-Plouguer



Arrivée
Rostrenen

