

Hourtin-Plage / Lacanau-Océan

La Vélo dyssée, the Atlantic Cycling Route



Still in the forest and still on cycle paths. The natural reserves encountered throughout the route demonstrate that these large spaces are populated, rich in wildlife and a lot more diverse than we may first think...

Itinerary

The route from Hourtin-Plage to Carcan-Plage is shared with other traffic; the forest route is not very busy.

The course crosses several local cycle paths. From Carcan-Plage to the way into Lacanau, the route is on resurfaced designated lanes. The level of difficulty in the dunes is not inconsiderable: it is like cycling along a rollercoaster!

Connection

Lacanau is easily accessible, with designated, well-surfaced cycle lanes. All facilities available.

Départ
Hourtin-Plage

Arrivée
Lacanau-Océan

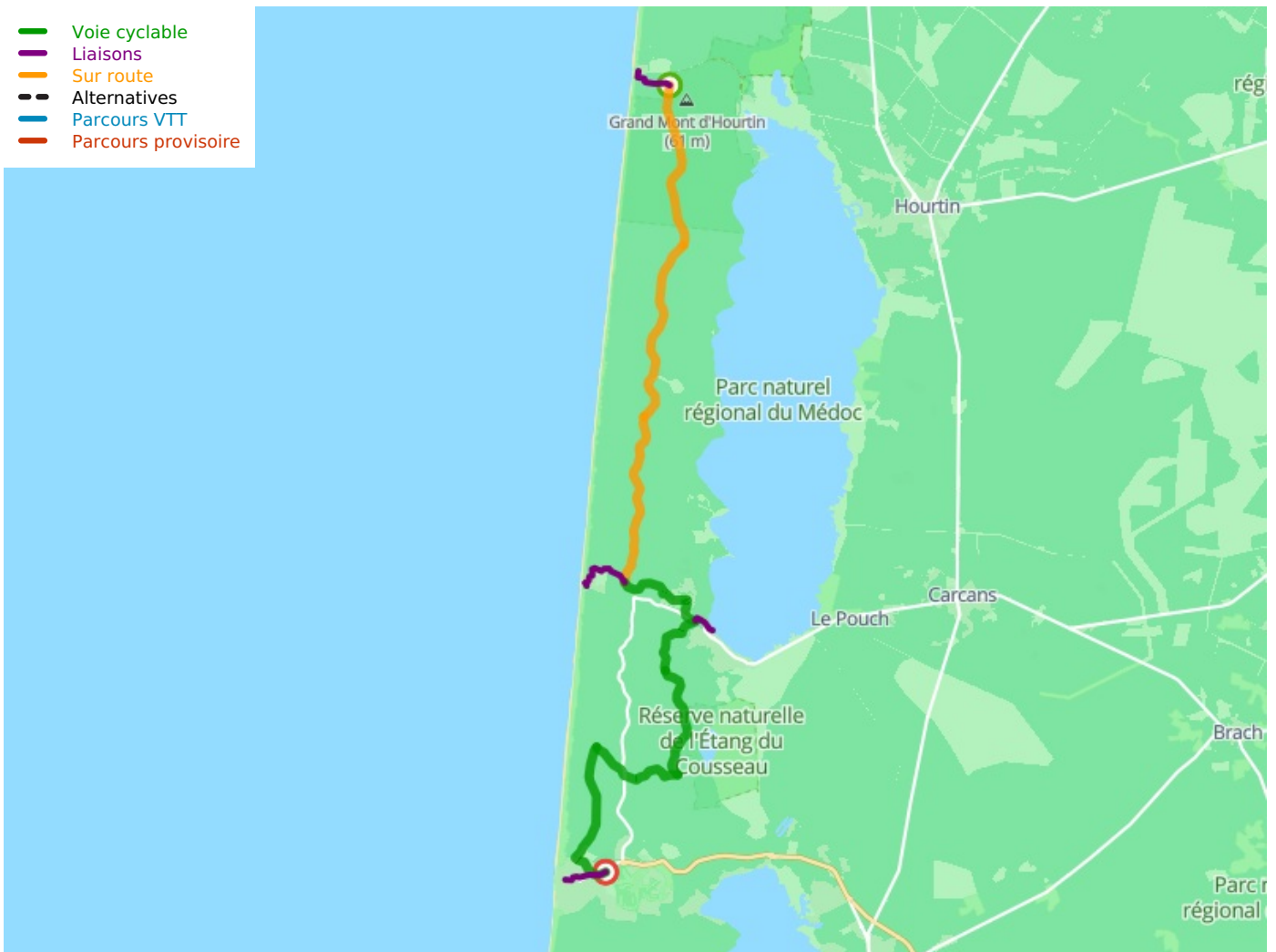
Durée
2 h 07 min

Distance
33,80 Km

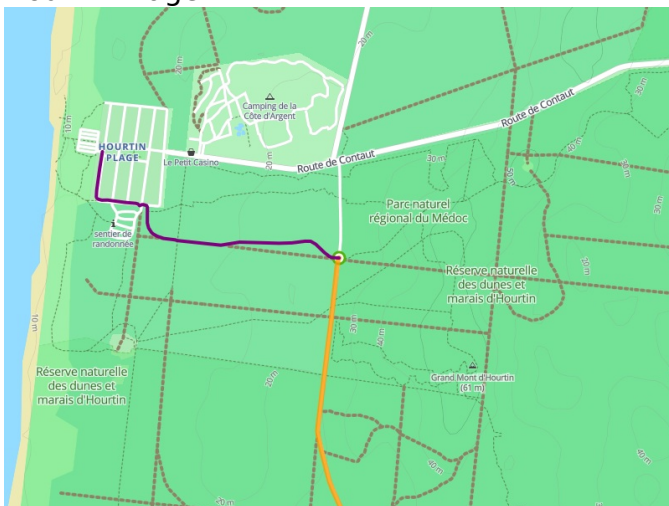
Niveau
I cycle a lot

Thématique
In forest, Seaside

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



Départ
Hourtin-Plage



Arrivée
Lacanau-Océan

