

# Morlaix > Carhaix

## La Vélo dyssée, the Atlantic Cycling Route



**Départ**  
Morlaix

**Arrivée**  
Carhaix

**Durée**  
3 h 12 min

**Distance**  
48,23 Km

**Niveau**  
I begin / Family

**Thématique**  
In forest, Nature & small heritage

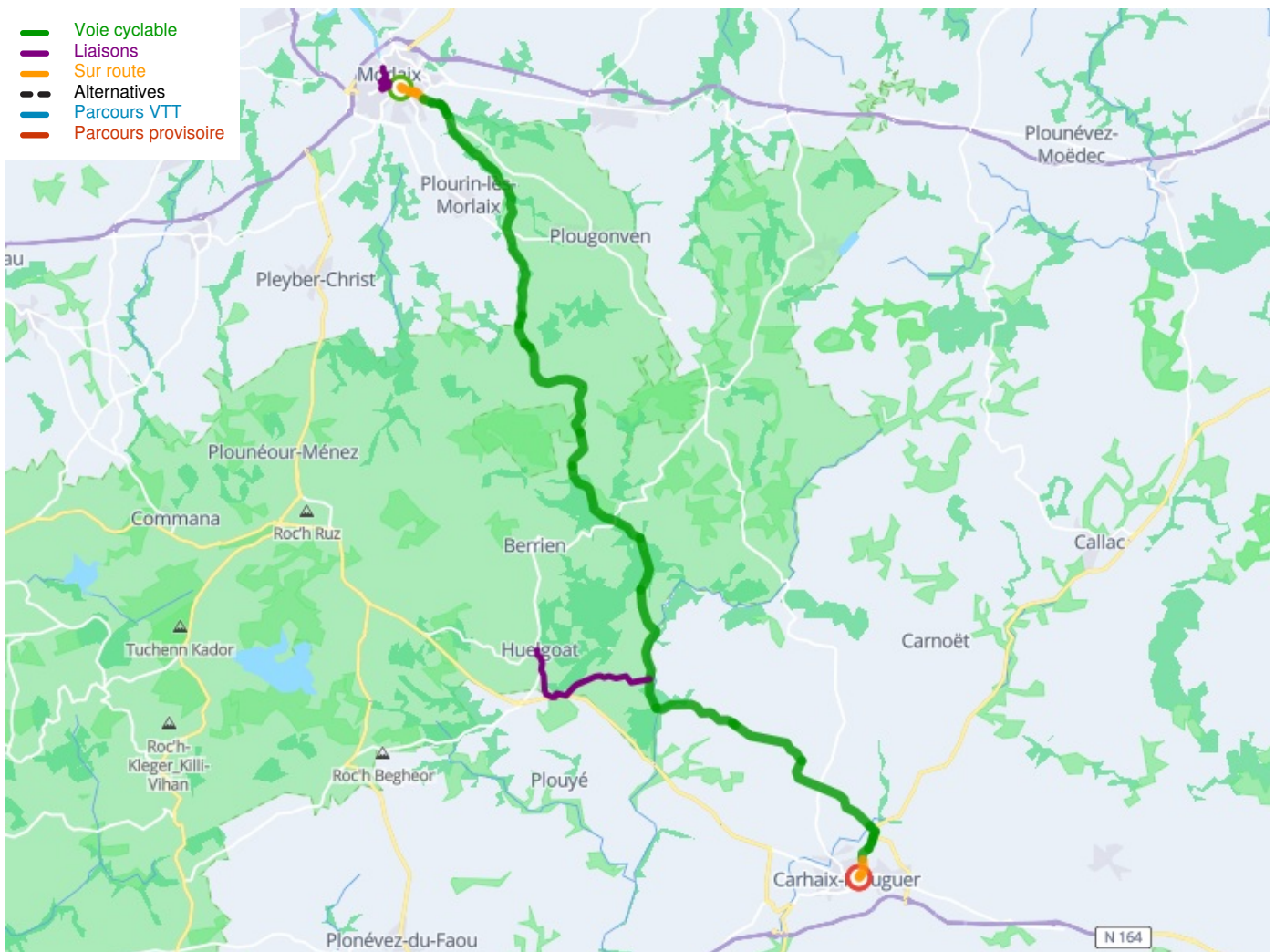
The seaside atmosphere slips into the background once the greenway reaches the upper part of town. From here on, this stage of La Vélo dyssée moves into a dense forest setting, typical of the Monts d'Arrée. The greenway is still the common thread of this very nature orientated stage, giving the feeling that you have been plunged into the green depths of Brittany. The impressive natural setting of Huelgoat is well worth a detour, but is usually the preserve of more advanced cyclists.

### Itinerary

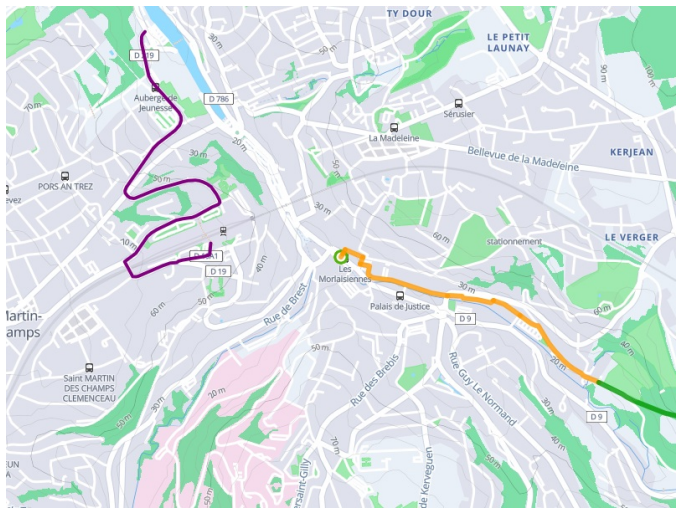
A fair climb awaits up to the Morlaix greenway: a gentler section accessing the route is under construction. Be careful at the intersections, and remember that there are no shops on the greenway between Morlaix and Scrignac. Greenway as far as the outskirts of Carhaix.

### Connections

Small hilly routes to reach the parish grounds of Plougonven. Small hilly routes to reach Scrignac and its shops. Caution: the roads are open to general traffic and very hilly if you wish to reach Huelgoat, 6kms from the greenway.



**Départ  
Morlaix**



**Arrivée  
Carhaix**

