

Morlaix > Carhaix

La Vélo dyssée, the Atlantic Cycling Route



Départ
Morlaix

Arrivée
Carhaix

Durée
3 h 12 min

Distance
48,20 Km

Niveau
I begin / Family

Thématique
In forest, Nature &
small heritage

After Morlaix, almost alone in the world, you will cycle on an old railway line that has become a greenway, very wooded where you will probably come across a few caravans and horse riders. Then the forests give way to the characteristic moors of the Monts d'Arrée. A very natural bike ride in total immersion, you unfold the greenway in complete serenity. A few kilometers from the greenway, Huelgoat, its lake and its forest including the famous Trembling Rock are well worth tackling a steep climb. You will finish this stage in Carhaix, the meeting place of the "Vieilles Charrues"!

Itinerary

A steep climb leads to the greenway in Morlaix. Be careful at intersections. There are no shops on the greenway between Morlaix and Scrignac. A less hilly section is currently being developed. The greenway leads to the center of Carhaix. You'll pass the train station, then a marked route through town will take you to the Nantes-Brest Canal via the VV7, which takes you to the canal.

Connections

Small roads with hills lead to Plougonven and its parish enclosure. Small roads with hills lead to Scrignac and its shops. At Locmaria-Berrien, you leave the greenway to reach Huelgoat. You take the municipal road following the signposted cycle route to the Vieux Tronc industrial park with a steep 4 km gradient before reaching Huelgoat 3 km away.

