

Royan / Montalivet-les-Bains

La Vélo dyssée, the Atlantic Cycling Route

□

Départ
Royan

Arrivée
Montalivet-les-Bains

Durée
2 h 00 min

Distance
30,02 Km

Niveau
I begin / Family

Thématique
In family, In forest,
Seaside

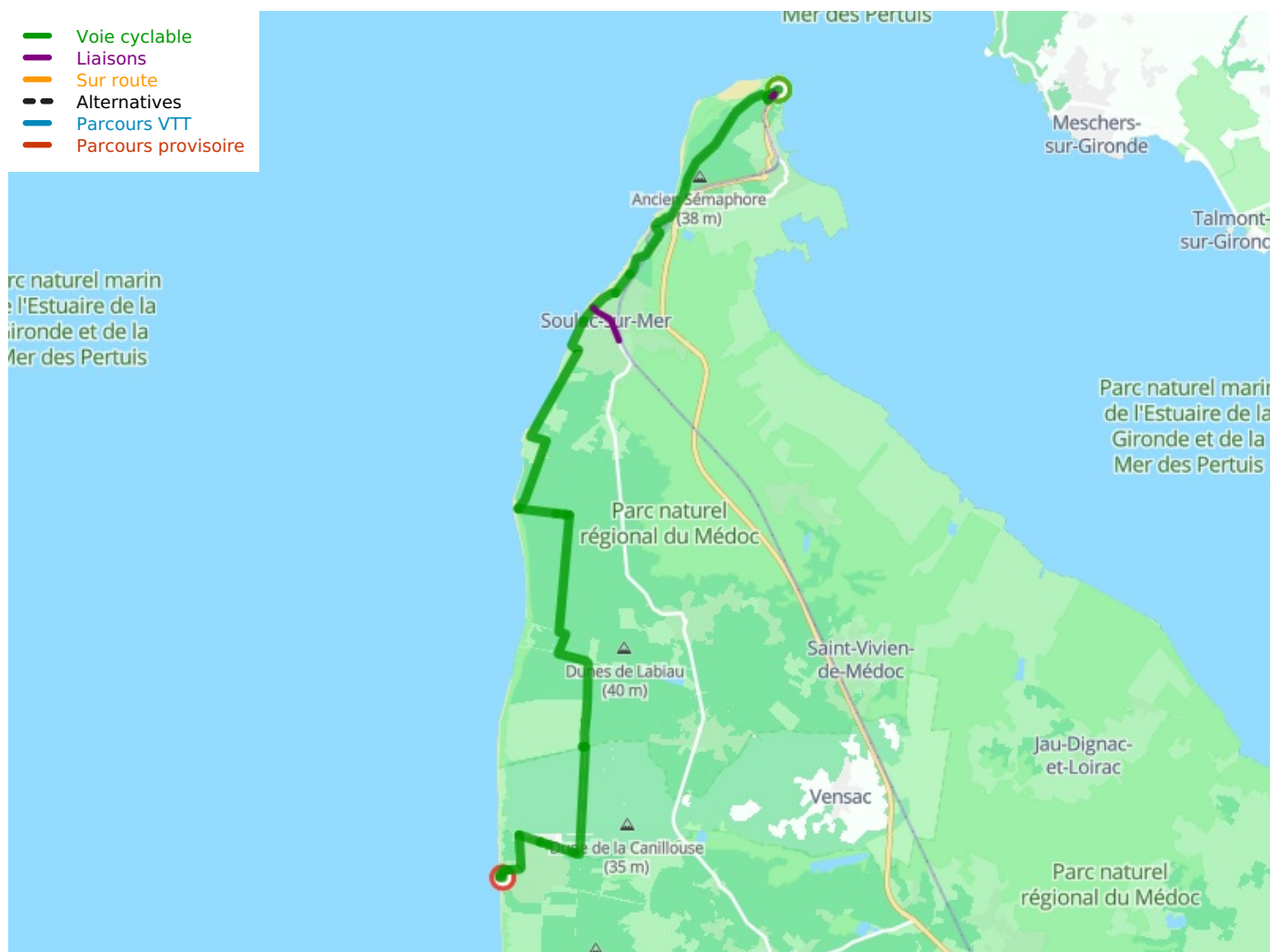
Upon entering the Gironde, a new world reveals itself to travellers on La Vélo dyssée. La pointe de Grave also marks the end of the Médoc, a landscape of great variety, depending on whether you cross the west coast or the estuary and the vineyards. Pleasant cycle lanes wind their way from Verdon to the charming Soulac-sur-Mer with its lively streets and pretty seaside villas, we take the trail towards Montalivet. To the north of this stage, the sea entices you in for a cooling dip; to the south there is a more forested area which is most pleasant in fine weather.

Itinerary

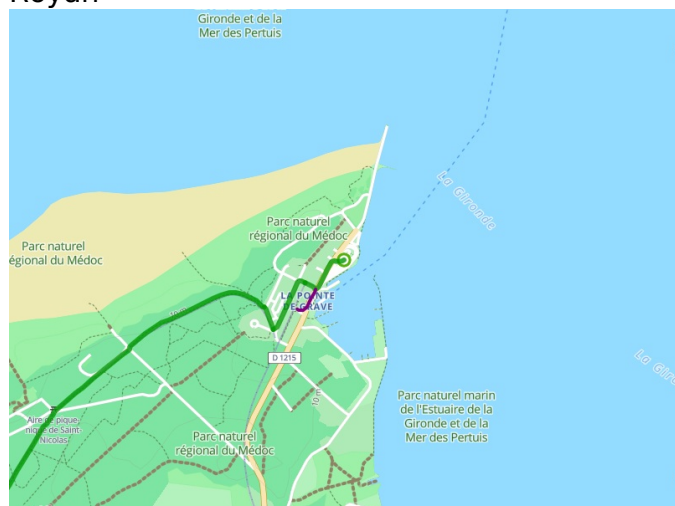
Cross the Royan estuary at the Pointe de Grave: ferry open daily, with several trips in peak season. Landing stage at Royan Port. To find out more about the timetables and prices of this ferry route: [Le Verdon <> Royan.](#)

The cycle lanes (except in Soulac and Montalivet) are sometimes quite narrow and with several long but gentle inclines, but there are panoramic views over the Cordouan Lighthouse.

- Voie cyclable
- Liaisons
- Sur route
- Alternatives
- Parcours VTT
- Parcours provisoire



Départ Royan



Arrivée Montalivet-les-Bains

