

St-Gilles-Croix-de-Vie / Les Sables d'Olonne

La Vélo dyssée, the Atlantic Cycling Route



Saint-Gilles Croix-de-Vie is an essential stop on the Vendée Vélo dyssée! A renowned seaside resort, it boasts a busy port focused on fishing for blue fish: sardines and mackerel. Take time to stroll along its large beach before heading back towards the coast towards Brétignolles-sur-Mer and skirting the vineyards of Brem-sur-Mer.

The Vélo dyssée cycle route gradually moves away from the coast and winds between the Olonne forest and the former salt marshes, now a protected area. This route reaches Les Sables-d'Olonne via the marina, Port Olona.

Départ
St-Gilles-Croix-de-Vie

Arrivée
Les Sables d'Olonne

Durée
2 h 28 min

Distance
37,22 Km

Niveau
I cycle often

Thématique
In forest, Seaside

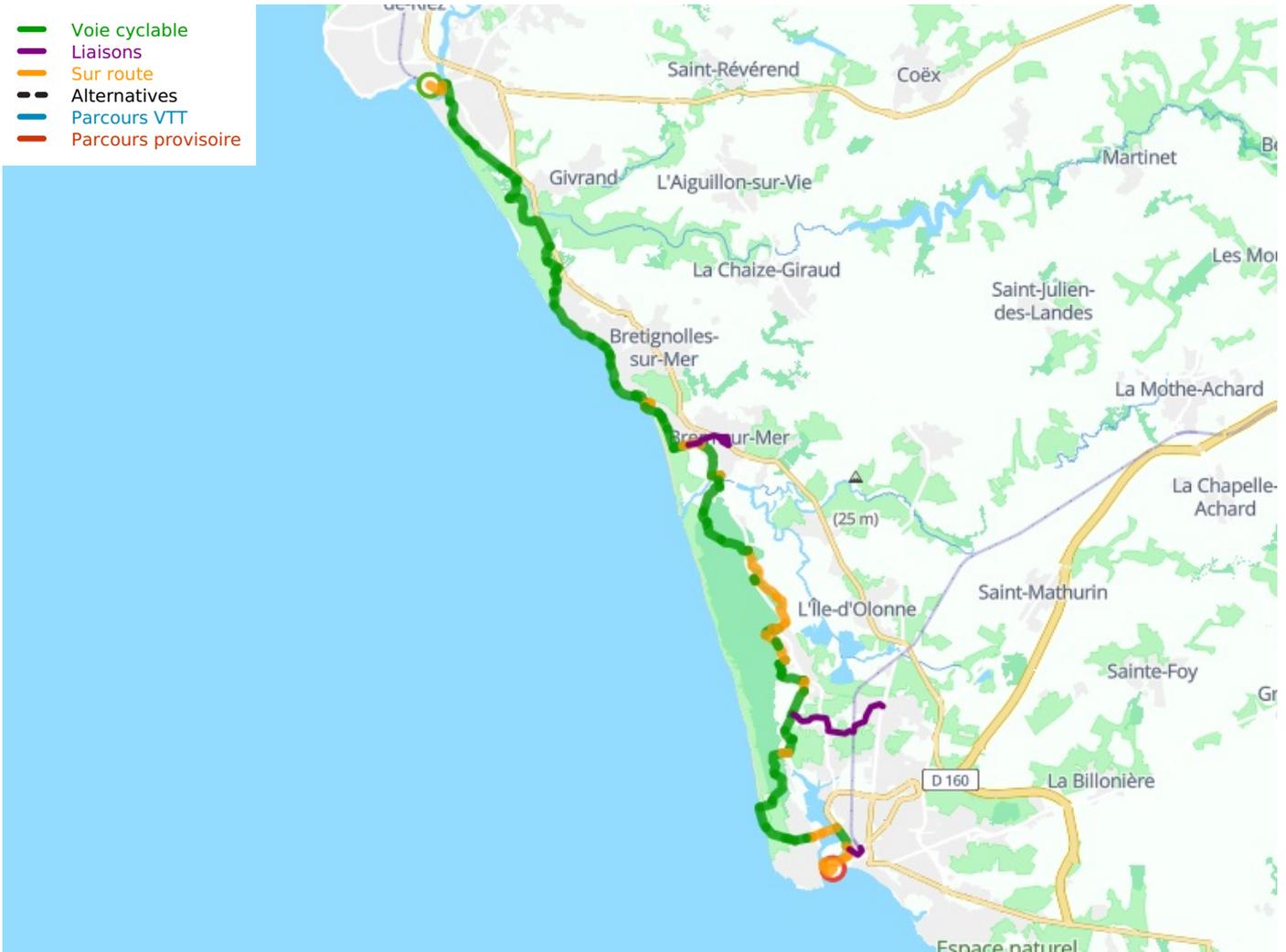
Itinerary

Quite a sporty stage, alternating between dunes and reinforced or asphalted tracks. From Brem-sur-Mer to les Sables d'Olonne, cycle lanes and shared lanes.

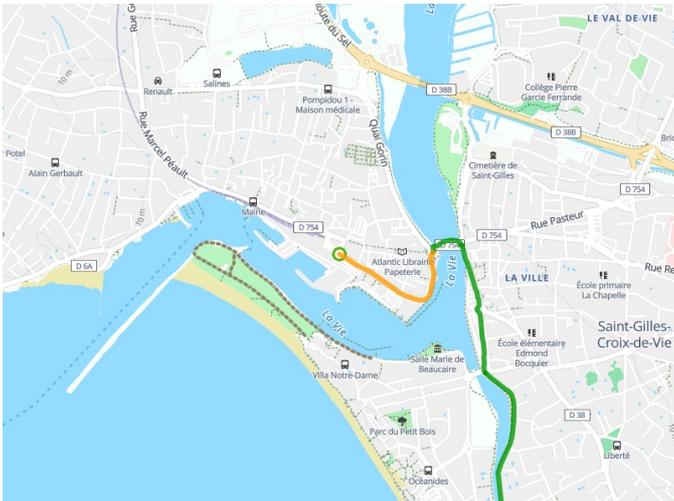
Connection

Small marked road to reach the centre of Brem-sur-Mer.

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



Départ
St-Gilles-Croix-de-Vie



Arrivée
Les Sables-d'Olonne

